

## **PE Yearly Overview**



|           | Autumn 1              | Autumn 2           | Spring 1           | Spring 2              | Summer 1           | Summer 2           |
|-----------|-----------------------|--------------------|--------------------|-----------------------|--------------------|--------------------|
| Reception |                       |                    |                    |                       |                    |                    |
|           | Active play           | Active play        | Dance              | Gymnastics            | Ball games         | Dance              |
| Year 1    | Gymnastics            | Dance              | Yoga               | Dance                 | Gymnastics         | Circuit training   |
|           | Animals               | Seasons            | Salute to the sun  | Starry Skies          | Traditional Tales  | Chelsea: Cricket   |
|           | Chelsea: Multi-skills | Chelsea: Netball   | Chelsea: Football  | Chelsea: Multi-skills | Chelsea: Athletics |                    |
| Year 2    | Dance                 | Gymnastics         | Circuit training   | Dance                 | Rounders           | Gymnastics         |
|           | Toys                  | Landscapes and     | Chelsea: Football  | Plants                | Chelsea: Athletics | Under the Sea      |
|           | Chelsea: Multi-skills | cityscapes         |                    | Chelsea: Multi-skills |                    | Chelsea: Tennis    |
|           |                       | Chelsea: Netball   |                    |                       |                    |                    |
| Year 3    | Circuit Training      | Gymnastics         | Swimming           | Swimming              | Swimming           | Swimming           |
|           | Chelsea: Multi-skills | Movement           | Chelsea: Football  | Chelsea: Rugby        | Chelsea: Athletics | Chelsea: Tennis    |
|           |                       | Chelsea: Netball   |                    |                       |                    |                    |
| Year 4    | Back up Dance         | Back up Gymnastics | Gymnastics         | Dance                 | Dance              | Outdoor and        |
|           | Romans                | Movement           | Shape and Balance: | Water                 | Carnival of the    | adventurous        |
|           | Swimming              | Swimming           | Ancient Egypt      | Chelsea: Handball     | Animals            | activities         |
|           | Chelsea: Multi-skills | Chelsea: Netball   | Chelsea: Football  |                       | Chelsea: Athletics | Chelsea: Cricket   |
| Year 5    | Gymnastics            | Dance              | Dance              | Circuit training      | Outdoor and        | Fitness and Cross- |
|           | Movement              | Echo Dance         | Haka               | Chelsea: Handball     | adventurous        | Country running    |
|           | Chelsea: Multi-skills | Chelsea: Netball   | Chelsea: Football  |                       | activities         | Chelsea: Rounders  |
|           |                       |                    |                    |                       | Chelsea: Athletics |                    |
| Year 6    | Dance                 | Gymnastics         | Gymnastics         | Dance                 | Outdoor and        | Cricket            |
|           | WWII                  | Movement           | Shape and Balance  | Electricity           | adventurous        | Chelsea: Rounders  |
|           | Chelsea: Multi-skills | Chelsea: Netball   | Chelsea: Football  | Chelsea: Rugby        | activities         |                    |
|           |                       |                    |                    |                       | Chelsea: Athletics |                    |