



**Roehampton Church School RE – Relationship Education; RSE – Relationship and Sex Education;
HE/PH&MW – Health Education/Physical Health and Mental Wellbeing; PSHE- Personal, Social, Health Education Curriculum Overview (Cycle B)**

Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Covered in computing curriculum Year 1 (Willow) And Year 2 (Ash)	Online Safety Me and My Avatar (Project Evolve) PSHE: Rules RE: Respectful relationships – Bullying RE: Respectful relationships – Differences Tolerance and respect Courtesy and manners	Online Safety Long Time Online (Project Evolve) PSHE: Fire/firework safety. Keeping safe in the home. HE/PH&MW: Medicines and keeping safe around medicines.	Online Safety Where can bullying be found? (Project Evolve) RE: Bullying, how bullying affects behaviour and how to resolve this. RE: Caring friendships- Making friends Good friendships Negotiation and compromise.	Online Safety Being kind online (Project Evolve) RSE: Growing up – From baby to adult HE/PH&MW: Health and Prevention (sun damage)	Online Safety What is Digital Consent? (BBC Own It) HE/PH&MW: Healthy eating- Diet and what foods constitute a healthy diet. HE/PH&WM: Physical health and fitness- The importance of building regular exercise into daily and weekly routines and the benefits of this. RE: Bullying Know that bullies can choose to stop being a bully.	Online Safety Making Choices (Project Evolve) Recognising work created by others (Project Evolve) RSE: Body hygiene Know ways to keep my body clean. PSHE: Financial Education - Needs and wants. Ways to save money. Charities
Covered in computing curriculum Year 3 (Maple) And Year 4 (Rowan)	Online Safety How to manage your online self-image (BBC Own It) PSHE: Rules How laws are made. RE: Bullying – Witnesses. RSE: Changing adolescent body – physical changes (HE/PH&MW) Puberty Personal hygiene Body parts	Online Safety Caring about Sharing (Project Evolve) RE: Respectful relationships- Peer pressure RE: Caring friendships – Trust PSHE: Financial Education – Saving Spending Budgeting	Online Safety Why do people bully? (BBC Own It) RE: Bullying- Being a witness Being a target HE/PH&MW: Drugs, alcohol and tobacco- Legal and illegal. Law Safety	Online Safety How do I know who to trust? (Project Evolve) RE: Online Relationships- Online relationships Recognising risks Harmful content and contact Reporting HE/PH&MW: Internet safety and harms- Personal information Privacy HE/PH&MW: Physical health and fitness- Inactive lifestyles Understand there is not a “perfect body”	Online Safety How videos/images can be edited (BBC Own It) RSE: Families and people who care for me- Different families Caring relationships Marriage Family relationships Seeking help RE: Bullying - Understand why it might be difficult for a victim or witness to inform someone and take the right action.	Online Safety Scams (BBC Own It) Using images online (Project Evolve) HE/PH&MW: Healthy eating- Food labels HE/PH&MW: Health and Prevention – Allergies
Covered in computing curriculum Year 5 (Sycamore) And Year 6 (Elder) JUST YEAR 6	Online Safety Should we edit our selfies? (BBC Own It) PSHE: Rules RE: Bullying- Direct and indirect bullying. RSE: Human Reproduction- Adult relationships. Understand how babies are made.	Online Safety Digital Footprint (BBC Own It) HE/PH&MW: Drugs, alcohol and tobacco- Illegal drugs. HE/PH&MW: Basic First Aid – Emergencies	Online Safety How to tell if your friend needs help (BBC Own It) RE: Bullying- Individuals and groups PSHE: Radicalisation - British values Democracy Rule of Law. Tolerance and Respect Radicalisation Extremism	Online Safety Respect & consent in group gaming (BBC Own It) RE: Online Relationships- Digital footprint Data sharing HE/PH&MW: Internet safety and harms- Social media Computer games Online gaming Respectful behavior Online abuse, trolling, bullying and harassment. Reporting concerns and getting support. PSHE: Cyber bullying Bystander effect.	Online Safety What to do if you see something upsetting (BBC Own It) RE: Bullying – Strategies to manage feelings PSHE: Financial Education- Jobs and Salaries Deductions Financial risks Value for money Choices Individual and community rights.	Online Safety Phishing (BBC Own It) Music, video & image rights (Project Evolve) RE: Being Safe- Boundaries between friends. Privacy Appropriate and inappropriate and unsafe physical contact. Asking for advice or help. Reporting concerns or abuse. RE: Caring Friendships - Recognising who to trust and who not to trust. Managing conflict. Seeking help or advice from others.